Health and Resource Fair • 53 Exhibitors

25th Annual Institute on Aging Colloquium
September 17, 2013
Madison, WI

Our Sponsoring Exhibitors

BrightStar  (608) 441-8620  •  www.BrightStarCare.com
Compassionate homecare for adults and seniors throughout south central Wisconsin.

Capitol Lakes  (608) 283-2000 or 888-211-8801  •  www.retirement.org/madison
Madison’s only downtown continuing care retirement community and exclusive partner of Wisconsin Alumni Association for retirement living services. Capitol Lakes offers independent living apartment homes, assisted living, memory care, skilled nursing care, and rehabilitation with a lifestyle focused on research-based, holistic wellness.

Comfort Keepers  (608) 442-1898  •  www.comfortkeepers.com/madison-wi
We help seniors live happy, healthy lives in the comfort of their own homes by providing quality, compassionate care, and safety technology solutions to preserve independence and contribute to a better life. Our Hospital to Home Navigator program helps reduce re-hospitalizations by providing assistance to those most vulnerable following a hospital discharge.

Coventry Village Retirement Community  (608) 829-0603  •  www.coventryvillagewi.com
Madison’s premier west side retirement community, featuring amenities & lifestyle options for every need in the elegant Courtyard Homes Condominiums, Brookline Apartment Homes, and expanded Sebring Assisted Care Residence.

Midwest Home Care  (608) 276-6000  •  www.midwesthomecare.com
Provides non-medical care to help seniors stay active and independent in their own homes. Specializing in Alzheimer’s care.

Oak Park Place  www.oakparkplace.com  •  Oak Park Place senior living communities feature skilled nursing, orthopedic rehabilitation, assisted living, memory care, and independent living products for seniors with locations on Madison’s east side, Middleton, and Baraboo.

Oakwood Lutheran Senior Ministries  •  www.oakwoodvillage.net
Oakwood Village Prairie Ridge  (608) 230-4000  •  Oakwood Village University Woods  (608) 230-4699
Oakwood Lutheran Senior Ministries is the parent corporation of two faith-based, not-for-profit retirement communities, Oakwood Village Prairie Ridge and Oakwood Village University Woods, located in Madison, Wisconsin. Oakwood is proud to partner with the fine learning institutions in Madison to offer educational and wellness opportunities to our residents.

Senior Helpers  (608) 729-5365  •  www.seniorhelpersmadison.com  •  Helping seniors age in place by providing homesafe assurance; geriatric care management; and flexible, compassionate home care.

St. Mary’s Hospital  (608) 251-6100  •  www.stmarysmadison.com (see “Services,” then “Seniors”)  •  St. Mary’s is committed to the health, wellness, and social needs of individuals through all stages of life. We offer a wide variety of programs and services specifically designed for the older adult: Health Information for Seniors, Adult Day Health Center, GoldenCare, and St. Mary’s Care Center.

Wisconsin Talking Book & Braille Library (WTBBL)  talkingbooks.wi.gov  •  Provides recorded & Braille books to Wisconsin residents who for any visual or physical reason cannot read normal print. The service is free to everyone.

Aging & Disability Resource Center of Dane County  (608) 240-7400  •  daneadrc.org  •  The ADRC provides free unbiased information and assistance to older adults, people with disabilities, caregivers, and professionals regardless of income or personal resources. The ADRC empowers people to make informed choices about services and supports.

Agrace  (608) 276-4660  •  www.agracehospicecare.org  •  Provides end-of-life services & programs in south central Wisconsin.

Alzheimer’s Association of South Central Wisconsin  (608) 203-8500  •  24/7 helpline 800-272-3900  •  alz.org
The world’s leading voluntary health organization in Alzheimer’s care, support, and research. With many local educational and support services, we are here to help and offer hope. See our website or call our helpline for information, referral, education, and care.

American Parkinson Disease Association (APDA) of Wisconsin  (608) 229-7628  •  www.wichapterapda.org
•  Parkinson_assn@ssmhc.com  •  The APDA Information & Referral Center of Wisconsin is committed to assisting people with Parkinson’s disease and their families. The center provides information on support groups, community events, exercise programs, specialist referrals, educational materials, and other valuable resources for patients and their families.
Area Agency on Aging of Dane County  www.co.dane.wi.us/aging
Plans and coordinates services to assist people age 60 and over to maintain health & community connections, as well as advocates on behalf of older adults in Dane County.

Board on Aging and Long-Term Care  Julia Pierstorff, (608) 246-7004  •  http://longtermcare.wi.gov
Advocacy services including the Ombudsman Program, Volunteer Ombudsman Program, and Medigap Helpline.

CaptionCall®  877-557-2227  •  www.captioncall.com
Life is Calling. CaptionCall® is a revolutionary telephone that displays written captions of what callers say, on a large, easy-to-read screen. To learn more, call or visit our website.

Coalition of Wisconsin Aging Groups  800-366-2990  •  www.cwag.org

Dane County Humane Society  (608) 838-0413  •  www.giveshelter.org
A non-profit organization whose motto is “Helping People Help Animals.” One of its core values is to hold central the welfare and care of animals. Seniors are welcome to join our more than 1000 volunteers who help with animal and wildlife care, administrative duties, and education.

Designers for Independent Living, LLC  www.designersforindependentliving.com
As interior designers that are Certified Aging in Place Specialists, we have been trained to help identify the needs of individuals, regardless of age or ability levels, and offer solutions for remaining at home. We provide professional assessments of your home and create a plan to enhance its safety and beauty.

Heritage Monona & Heritage Middleton  (608) 441-9990  •  www.heritagesenior.com
Within the doors of Heritage, you will find a warm and gentle community where daily assistance is provided with love and the utmost respect for the personal integrity of our residents. Assisted living, Enhanced Assisted, and Memory Care available.

Home Health United  800-924-CARE (2273)  •  www.HomeHealthUnited.org
Offers an integrated and comprehensive variety of services across Southern Wisconsin, including Home Health, Hospice, Community Health Services, Meals On Wheels, Infusion Pharmacy, Immunization Clinics, and Home Medical Equipment.

Independent Living, Inc.  (608) 274-7900  •  www.independentlivinginc.org
A nonprofit multi-service agency with 40 years of experience helping older adults and people with disabilities through in-home services, personal care, home health care, evening Meals on Wheels, volunteer assistance, and senior housing options in Madison, Fitchburg, and Sun Prairie.

Madison Children’s Museum  www.madisonchildrensmuseum.org
The museum offers SPARK!, a FREE 90 minute cultural arts program for children 7 & up, parents & a grandparent with early memory loss. Assisted living & nursing home groups are welcome!

Madison Coalitions of Older Adults and Madison Senior Center  Your source of information on Case Management Services, Senior Dining Sites, the Home Chore Program, Social/Educational/Health and Wellness Activities.
West Madison Senior Coalition:  (608) 238-7368  •  www.westmadisonseniorcoalition.org
South Madison Coalition of the Elderly:  251-8405  •  Madison Senior Center:  266-6581, www.madisonseniorcenter.org

Madison School & Community Recreation (MSCR), Goodman-Rotary 50+ Fitness  (608) 204-3023  •  www.mscr.org
Offers a wide range of fitness and wellness opportunities for people ages 50+, including aquatics, strength, dance, yoga, chair-based exercise, pilates, tai-chi, and nutrition education programs.

Mallatt’s Homecare Pharmacy/ Interim Healthcare of Wisconsin  (608) 310-9922  •  mallattsltc.com
Provides medication and pharmacy services to individuals in their own home and to those in long term care facilities. Provides in-home skilled nursing, personal care, companion, and home health aide services.

Meriter Hospital  Rick Dahl at (608) 417-5895
The Hospital Elder Life Program at Meriter Hospital is a volunteer-based program aimed at preserving the cognition and function of hospitalized adults, aged 70 years and older.

Momentum Insurance Plans, Inc.  (608) 729-6500  •  www.momentumplans.com
A locally owned dental HMO that offers competitive pricing and great plans for seniors. Momentum is dental insurance that you can smile about!

Office for the Blind & Visually Impaired  www.dhs.wisconsin.gov/blind
A state agency offering training & services to help blind & visually impaired individuals cope with significant vision loss in an effort to maximize independent living.
OutReach LGBT Community Center  www.lgbtoutreach.org  •  The mission statement for OutReach LGBT Community Center is: “To promote equality and quality of life for LGBT people.” This includes our lesbian, gay, bisexual, transgender elders.

PLATO  www.seniorlearning.wisc.edu/plato  •  A member-directed and participatory learning-in-retirement organization committed to developing, offering, and promoting opportunities for intellectual and cultural enrichment for its members, and to providing scholarship support for adult students with significant financial needs enrolled in post-secondary education courses.

Recover Health  (608) 274-8193  •  www.recoverhealth.org  A Medicare/Medicaid-certified home health agency providing a full range of in-home services, making everyday living easier for those with special needs, chronic illnesses, or when recovering from hospitalization.

RSVP of Dane County  (608) 441-7891  •  www.rsvpdane.org  •  A volunteer program that places volunteers, age 55 & older, in assignments all over Dane County. We have about 2200 volunteers in over 88 non-profits, public agencies & schools.

SAIL—Supporting Active Independent Lives  www.sailtoday.org  •  A non-profit membership organization providing services, resources, and social connections to help people live healthy and independent lives in the home of their choice.

Second Harvest Foodbank of Southern Wisconsin  608-216-7248  •  Stephanie@shfbmadison.org  •  A one-person household with income less than $18,62 per month likely qualifies for FoodShare, a federal government benefit that saves you money on groceries. A two-person household can bring in as much as $2,522. Stop by to see if you qualify and how to sign up for this easy-to-use benefit! It is estimated that more than 188,000 Wisconsinites age 60+ are eligible for and not claiming this benefit!

St. Coletta of Wisconsin  www.stcolettawi.org  •  Residential and vocational programming for adults over 18 with developmental disabilities. Providing day services to the aging.

Stoughton Hospital–Inpatient Geriatric Psychiatry  www.stoughtonhospital.com  •  An inpatient program designed to meet the acute mental health needs of individuals 55 and older. Treatment is provided for depression, anxiety, behaviors associated with Alzheimer’s disease, and other forms of dementia, bipolar disorder, schizophrenia, and psychosis.

UW Health Integrative Medicine  www.uwhealth.org/integrativedmed  A diverse program offering a variety of complementary and alternative healing practices and experiences.

UW-Madison MidUS Study (Midlife in the United States)  www.midus.wisc.edu  A national study of health & well-being started in 1995 with over 7000 participants aged 25-74. Find information about MIDUS results to date, including details about physical health and functioning in a national sample of Americans.

UW-Madison Osteoporosis Clinical Research Program  www.uwosteoporosis.org  •  Bone mineral density testing.

UW-Madison School of Nursing  UW School of Nursing students will provide a free blood pressure screening.

UW-Madison School of Pharmacy  Operation Immunization educates the public on the importance of immunizations.

UW-Madison Speech and Hearing Clinic  www.comdis.wisc.edu/clinic-overviewwhtm  •  Offering services to those who are deaf or hard of hearing: full diagnostic hearing evaluations; new hearing aids or assistive listening devices; repair or reprogramming of hearing aids; and programming, troubleshooting, or counseling services for those with cochlear implants.

UW/VA Swallowing Speech and Dining Enhancement Program (SSWAL-ADE)  (608) 256-1901 x11125  •  www2.medicine.wisc.edu/home/swallowing/swallowingmain  •  An internationally recognized program dedicated to the evaluation, treatment, and research of swallowing disorders. We have developed a number of the field’s diagnostic tools and treatment methods and conducted research to improve treatment and quality of life for patients.

Wisconsin Alzheimer’s Disease Research Center  adrc.wisc.edu  •  Academic & clinical research organization investigating better treatment & prevention plans for Alzheimer’s disease & Mild Cognitive Impairment.

Wisconsin Council of the Blind and Visually Impaired  (608) 255-1166  •  www.wcbblind.org  A private, non-profit community-based organization. Our mission is to promote the dignity and independence of the people in Wisconsin who are blind and visually impaired by providing services, advocating legislation, and educating the general public.

Wisconsin Dept. of Health Services, Bureau of Aging and Disability Resources  www.wihealthyaging.org  •  (800) 242-9945  •  Information about five evidence based prevention programs offered in Wisconsin: Living Well with Chronic Conditions, Tomando de su Salud (Spanish), Healthy Living with Diabetes, Powerful Tools for Caregivers, and Stepping On. Workshop info can be accessed through the Arthritis Foundation toll free number above or via our website.

Wisconsin Sleep  (608) 232-3333  •  www.wisconsinsleep.org  •  Offers sleep experts for adults & children, combined with the latest technology, in a home like setting.