

30th
Annual

Colloquium on Aging

A Free
Public
Event



Inequality and Health Through the Lifespan

Thurs., Oct. 25, 2018 • Madison, WI
Pre-Registration Required



Institute on Aging

UNIVERSITY OF WISCONSIN-MADISON
2245 MSC, 1300 University Ave
Madison, WI 53706-1532

ADDRESS SERVICE REQUESTED

30th Annual Colloquium on Aging



PRE-REGISTRATION IS REQUIRED

FREE AND OPEN TO THE PUBLIC

REGISTER EARLY • SPACE IS LIMITED

Registration opens the first Monday in August (8/6/18)
and usually fills up in less than a week.

Because more people want to attend than can be accommodated, **please register only if you're confident you will attend**. If your plans change unexpectedly, please **cancel at least 2 weeks in advance**, so we have time to register someone from the waiting list. Because we have a waiting list, no walk-ins will be accepted.

REGISTER ON-LINE: www.aging.wisc.edu

OR VIA PHONE DURING BUSINESS HOURS: (608) 262-1818

INDICATE YOUR PREFERENCE FOR:

FREE BOX LUNCH INCLUDED: Choose meat or vegetarian. Some special meals can be provided for those with serious dietary restrictions.

CONTINUING EDUCATION UNITS: 0.3 CEUs are available for attending all four lectures (none are available for partial attendance). You must sign in after the last speaker. (CEUs are required in some professions to remain licensed.)

SPECIAL ACCOMMODATIONS: If you need accommodations (assisted hearing devices, wheelchair seating, etc.), please request them when you register or *at least a month in advance of the event*.

Recordings: By participating in the event, you grant IOA permission to use photos & videos of you taken by event staff, if any, in future promotional materials.

Comments from Last Year:

- Intellectually stimulating-opened our minds to new forms of thinking, acting, & living. A day well spent!
- Great community resource!
- Excellent through & through, great job. Hopefully this great event goes on and on.
- Very interesting and fun... well organized!

Location and Transportation

The Gordon Dining and Event Center

770 W. Dayton St.
Madison, WI

The 1st floor of
Gordon is a public dining hall.
The 2nd floor event center
has been reserved
for the Colloquium.

For directions & parking
information see:

**[aging.wisc.edu/outreach/
colloquium.php](http://aging.wisc.edu/outreach/colloquium.php)**



We Recommend Purchasing Campus Parking in Advance:


- Several self-pay public parking lots, both campus & city run, are available within 1-3 blocks of the event.
- To guarantee parking, you can purchase a campus parking permit in advance (**by Fri., Oct. 5th**). An application will be sent with registration confirmation & is on our website.
- The event is also easily accessible via city buses. See: www.cityofmadison.com/metro/planyourtrip

Thanks to Our Sponsors

- Attic Angel Community • BrightStar Care • Capitol Lakes
- CapTel • Community Light Elder Network • Coventry Village
- Community Pharmacy • Dirienzo Monuments
- Emerson Senior Living • Home Instead Senior Care
- Journey of Aging • Oak Park Place • Oakwood Village
- Senior Helpers • SSM Health- Adult Day Health Center
- Wisconsin Talking Book & Braille Library

Schedule • Thursday, Oct. 25, 2018	8:00 am	Registration (2nd Floor) / Health & Resource Fair / Posters	Who Should Attend?
	9:00 am	Welcome by IOA Director Carol Ryff, PhD	
	9:15 am	The Roots of Inequality: Early-Life Adversities & Adult Health Chioun Lee, PhD	
	9:55 am	Tai Chi Stretch Break Rachel Sandretto, Certified Tai Chi Fundamentals® Instructor	Health and Resource Fair
	10:05 am	Socioeconomic & Racial Health Disparities in the US Thomas Fuller-Rowell, PhD	
	10:45 am	Health & Resource Fair / Posters	Poster Session and Awards
	11:15 am	Health Disparities: Who is at Risk & How Does Risk Get Under the Skin? Jennifer Morozink Boylan, PhD	
	Noon	Box lunch & New Investigator Award Presentation	UW-Madison faculty, students & advanced trainees will present research posters & compete for a new investigator award in aging research.
	12:15-	Health Equity and the Life Course	
	1:15 pm	Keynote Speaker: Sir Michael Marmot, MBBS, PhD, FRCP	

Colloquium on Aging • Inequality and Health Through the Lifespan



Keynote

Health Equity and the Life Course

Professor Sir Michael Marmot MBBS, PhD, FRCP *Director, Institute of Health Equity, University College London*


Taking action to reduce health inequalities is a matter of social justice. In developing strategies for tackling health inequalities we need to confront the social gradient in health, not just the difference between the worst off and everybody else. There is clear evidence when we look across countries that national policies make a difference and that much can be done in cities, towns, and local areas. But policies and interventions must not be confined to the health care system; they need to address the conditions in which people are born, grow, live, work, and age. The evidence shows that economic circumstances are important but are not the only drivers of health inequalities. Tackling the health gap will take action, based on sound evidence, across the whole of society and across the whole life course. *Sir Michael Marmot, Professor of Epidemiology at University College London, is the premier leader of research on health inequalities around the globe. Beginning with groundbreaking research from the Whitehall Study of British civil servants, he showed that socioeconomic inequality affects everyone, not just those living in poverty. These ideas are now center stage in numerous longitudinal studies of aging. Sir Marmot chairs the Commission on Equity and Health Inequalities in the Americas, set up in 2015 by the World Health Organizations’ Pan-American Health Organization. He is the author of “The Health Gap: the Challenge of an Unequal World” (2015) and “Status Syndrome: How Your Place on the Social Gradient Directly Affects Your Health” (2004). He has been awarded honorary doctorates from 18 universities. In 2000, Professor Marmot was knighted by Queen Elizabeth II for services to epidemiology and the understanding of health inequalities.*

The Roots of Inequality: Early-Life Adversities and Adult Health

Chioun Lee, PhD

Assistant Professor of Sociology, University of California Riverside

Recent studies estimate that about half of U.S. adults were exposed to one or more adversities as children, including abuse, neglect, household dysfunction, or low socioeconomic status. Stressful experiences in childhood may be linked to a wide array of health problems, even decades after the adversity occurred. Thus, understanding the socioeconomic, psychological, and biological pathways that are responsible for these associations is a critical public health issue. This talk will focus on how and under what conditions early-life adversities compromise health in midlife and old age and whether these relationships differ for men and women. *Dr. Lee is committed to investigating the social stratification of life adversities and health disparities over the life course, with a focus on gender differences. She is the recipient of a Career Development Award from the National Institute on Aging. Her recent work examines the gender-specific pathways (risk and resilience factors) through which early-life adversities affect cumulative risk of obesity and cardiovascular disease in midlife and old age.*




Socioeconomic and Racial Health Disparities in the United States: Recent Research and Notable Future Directions

Thomas Fuller-Rowell, PhD

Associate Professor, Human Development & Family Studies, Auburn University

Social inequality has increased substantially in recent decades and has become a salient social problem in many societies around the world. This lecture will review recent trends in socioeconomic and racial health disparities in the United States and describe examples of recent research examining mechanisms for disparities at particular points in the life span. Promising future directions for the science of health disparities will also be discussed. *Dr. Fuller-Rowell’s research focuses on the impact of social stress, discrimination, and broader contextual influences (e.g., neighborhood or social policy) on health and health disparities across the lifespan. He completed postdoctoral training as a Robert Wood Johnson Health & Society Scholar at the University of Wisconsin-Madison and as a research fellow in the Institute for Social Research at the University of Michigan before starting his current position. He has also worked for a civil rights organization in Buffalo, NY, to address housing discrimination and has implemented multi-site action research projects in New York City.*



Health Disparities: Who is at Risk and How Does Risk Get Under the Skin?

Jennifer Morozink Boylan, PhD

Assistant Professor, Health & Behavioral Sciences, University of Colorado Denver

Growing inequality is a defining feature of our era. Risks for poor health track with inequality; they are higher among less advantaged individuals compared to those more advantaged. However, socioeconomically disadvantaged individuals bring unique psychological profiles to their experiences, and these psychological differences matter for understanding risks for poor health through different pathways. This talk will focus on psychological well-being as a protective factor among socioeconomically disadvantaged individuals as well as address how responses to stress may be a key biological pathway that helps us understand who is at risk for poor health and who is resilient. *Dr. Morozink Boylan completed post-doctoral fellowships in Health Disparities at the University of Wisconsin School of Medicine & Public Health and in Cardiovascular Behavioral Medicine at the University of Pittsburgh, before joining the University of Colorado faculty in 2016. Her research addresses the ways in which psychological factors engender risk and resilience and affect risk for poor health among socioeconomically disadvantaged individuals as well as the underlying neurobiological pathways.*

